

Effective Counsellor

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Characteristics of Counsellor

Okun (1982) notes that “It is very hard to separate the helper’s personality characteristics from his or her levels and styles of functioning, as both are interrelated”.

The characteristics of counsellor can be described under three headings:

- A. Personality Traits**
- B. Training and Preparation**
- C. Experiences**

A. Personality Traits-


Walter B. Jones has mentioned the following personality traits of an effective counselor:-

1. Breadth of Interests.
2. Feelings of cooperation.
3. Humble.
4. Farsightedness
5. Magnetic Personality.a

B. Training and Preparation –

Myers described the following characteristics of the counsellor regarding training and preparation:

1. He should have the knowledge of high school objectives, curricula and methods.
2. He should have the knowledge of various activities about various occupations.
3. The counsellor should be equipped with the principles of guidance.

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4. The counsellor should have received good education, such as education of subjects like Sociology, Psychology, Economics, History, Geography etc.
 5. The counsellor should have the full knowledge of organising guidance service.
 6. In the guidance services the counsellor must have the knowledge of psychological tests.
 7. The counsellor have the knowledge of methods for providing occupational informations.


C. Experiences –

Smith described the following characteristics of the counsellor regarding experiences:

1. He should have attained the efficiency in the guidance programme.
2. To help in securing and occupations and to do correct actions.
3. Efficiency in interpreting every types of informatons.
4. Efficiency in using social means or resources.
5. To have ability to evalute the counselling service.

According to **Cox** the following 24 characteristics of a counsellor:

1. Fairness
2. Sincerity
3. Personality
4. Good Character
5. Common Sence
6. Health
7. Emoitional Stabiliy
8. Approach Ability
9. Ability to get along with peoples
10. Sympathetic understanding of youth
11. Interest in people
12. Understanding people different from self

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13. Flexibility and adaptability
 14. Intelligence and mental alertness
 15. Social cultural
 16. Broad knowledge and interests
 17. Leadership
 18. Awareness of one's own limitations
 19. Professional attitude
 20. Sense of mission
 21. Interest in guidance and personal work
 22. Understanding of classroom conditions
 23. Understanding of working conditions
 24. Understanding of social and economic conditions

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